

Connect Your Hermes Agent to Anything

The Composio + 1Password Setup Checklist

Companion guide to the YouTube video: 'Connect Your Hermes Agent to ANYTHING (Composio + 1Password)' by Lucas Synnott.

Watch it here: <https://www.youtube.com/watch?v=AUtrek2-DEs>

Why This Matters

An AI agent is only as useful as the tools it can touch. Out of the box, Hermes can talk. With Composio and 1Password wired in, it can act: read your inbox, update your CRM, pull a report from Drive, and use any API-based service you give it a key for. This checklist gets you from 'agent that chats' to 'agent that works' in under 30 minutes.

Part 1: Composio (1,500+ App Connections)

Step	Action
1	Create a free account at composio.dev
2	In Hermes, ask it to install the Composio CLI for you (copy the install prompt from the Composio dashboard's 'Connect' page)
3	Approve any permission prompts Hermes shows you the first time (installs, sudo, etc.)
4	Authenticate Composio by clicking the login link Hermes gives you, then confirm back in chat
5	Connect your first account (e.g. Gmail): Composio dashboard -> Connect Apps -> pick the app -> Connect another account
6	Rename the connected account to something recognizable (the auto-generated names are useless at scale)
7	Tell Hermes the account is connected and ask it to perform a real action (e.g. 'send a test email') to confirm the wiring works

Composio covers most SaaS tools with one-click OAuth: Gmail, Slack, HubSpot, Notion, Google Drive, GoHighLevel, and hundreds more. If you're not sure a tool is supported, search for it in the Composio app directory before building a custom integration.

Part 2: 1Password (Everything Composio Doesn't Cover)

Not every service has an app on Composio. For raw API keys and secrets (OpenRouter, internal APIs, anything key-based), use 1Password so the agent can retrieve credentials without you ever pasting them into chat.

Action
Create a dedicated vault for your agent (read-only access, separate from your personal vault)
Add the API key or secret as an item in that vault
Install the 1Password CLI on the same machine/container as Hermes
Create a service account scoped to read-only access on the agent vault
Add the service account token to Hermes' .env file as <code>OP_SERVICE_ACCOUNT_TOKEN</code>

Action
Restart/refresh Hermes so it picks up the new environment variable
Ask Hermes to look up the credential in the vault and use it live (e.g. call an API with the stored key) to confirm it never gets echoed into

Decision Rule: Composio vs. 1Password

Situation	Use
The app has a name-brand SaaS login (Gmail, Slack, Notion, HubSpot...)	Composio
You only have an API key / token and no OAuth app exists	1Password
You want your agent to log into a live account and click around	Composio
You want to inject a secret into a script/API call without exposing it	1Password

Security Notes

Keep 'ask before dangerous actions' turned ON until you trust your agent's judgment on your specific setup. Use a read-only service account for the agent's 1Password vault whenever possible. Never paste raw secrets directly into chat - route them through the vault so they're resolved server-side.

Next Step

Once your agent can log into your tools and pull your secrets, it's ready to run real workflows unattended. If you'd rather have this done for you - a Slack-native AI employee wired into your actual stack, live in 30 days - that's exactly what Applied Leverage builds.

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